FLU VACCINATION 2020/20

It is time to book your flu vaccination appointment if you fall into the following eligible groups

- **Aged 65 and over -** You are eligible for the flu vaccine this year if you will be aged 65 including those becoming age 65 years by 31 March 2021.
- **Chronic Respiratory Disease -** all patients (six months & over) ie asthma/COPD/emphysema/bronchitis etc.
- **Chronic Heart Disease** all patients (six months & over) eg congenital heart disease/hypertensions with cardiac complications/chronic heart failure etc.
- **Chronic Kidney Disease** all patients (six months & over) with for example chronic kidney disease at stage 3, 4 or 5/chronic kidney failure/nephritic syndrome/kidney transplantation etc.
- **Chronic Liver Disease** all patients (six months & over) ie cirrhosis/biliary atresia/chronic hepatitis.
- **Chronic Neurological Disease** all patients (six months & over) ie stroke/TIA/Parkinson's Disease or motor neurone disease or learning disabilities etc.
- **Learning Disability.**
- **Diabetes all** patients (six months & over) Type 1 or Type 2.
- **Immunosuppression, a weakened immune system** all patients (six months & over) - due to disease or treatment including chemotherapy/HIV infection/asplenia or dysfunction of the spleen.
- **Morbidly Obese** all patients – defined as a BMI of 40 & above.
- **Pregnant women at any stage in pregnancy.**
- **Household contacts of those on the NHS Shielded Patient List,** or of **immunocompromised individuals,** specifically individuals who expect to share living accommodation with a shielded patient on most days over the winter and therefore for whom continuing close contact is unavoidable.
- **Children** – All children aged two and three on 31 August 2020 (children born between September 1 2016 and August 31 2018). All children from six months, with a health condition that puts them at greater risk of flu – see At Risk Groups outlined above. School age children from Reception to Year 7 will be offered the vaccination at school.
- **People in long-stay residential or homes & their employed staff/carers.**
- **Carers** – those who are in receipt of the carers allowance or those who are the main carer for an elderly or disabled person whose welfare may be at risk if the carer falls ill.
- **Health & Social Care staff** – professional health & social care workers in direct contact with patients or clients – as part of your employer's occupational health responsibilities.
- **Individuals between 50-64 years, following prioritisation of other eligible groups** and subject to vaccine supply.

This list is not exhaustive and your GP can offer further clarification